

OCTOBER - DECEMBER 2023

MOVEMENT ART PRACTICE

		WED	THU	FRI	SAT	
		4	5	6	7	
BLOCK 1		11 Maori Movement 5:30-7pm with Savanah	12 Contemporary Movement 6:45-8:15pm with Josie	13	14 Muscle & Bone 10-11:30am with Paul	OCTOBER
		18 Maori Movement 5:30-7pm with Savanah	19 Contemporary Movement 6:45-8:15pm with Josie	20	21 Muscle & Bone 10-11:30am with Paul	
		25 Maori Movement 5:30-7pm with Savanah	26 Contemporary Movement 6:45-8:15pm with Josie	27	28 Muscle & Bone 10-11:30am with Paul	
		1 Maori Movement 5:30-7pm with Savanah	2 Contemporary Movement 6:45-8:15pm with Josie	3	4 Muscle & Bone 10-11:30am with Paul	
		8	9	10	11	
BLOCK 2		8 Pop-up class TBC			11 Workshop TBC	NOVEMBER
		15 Maori Movement 5:30pm with Savanah	16 Contemporary Movement 6:45-8:15pm with Sarah	17	18 Muscle & Bone 10-11:30am with Kosta	
		22 Maori Movement 5:30pm with Savanah	23 Contemporary Movement 6:45-8:15pm with Sarah	24	25 Muscle & Bone 10-11:30am with Kosta	
		29 Maori Movement 5:30pm with Savanah	30 Contemporary Movement 6:45-8:15pm with Sarah	1	2 Muscle & Bone 10-11:30am with Kosta	
		6 Maori Movement 5:30pm with Savanah	7 Contemporary Movement 6:45-8:15pm with Sarah	8	11 Muscle & Bone 10-11:30am with Kosta	
		15	16	17	18	
	15 Pop-up class TBC				18 Workshop TBC	DECEMBER